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FOR IMMEDIATE RELEASE
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Girls Inc. Seeks Volunteers to Help with Women's Run

Alameda, CA – Looking for a healthy way to celebrate Mother's Day weekend while helping to support girls?

Girls Inc. of the Island City is looking for volunteers to help staff a half 5K/Half Marathon in Alameda on May 12 to benefit Girls Inc.

There are a variety of different volunteer opportunities to help with the race, including registration, course monitors, timers, water stations, and clean up. If you are interested please contact Volunteer Coordinator Toniesha Webb at (510) 521-1743 or teenprogram@girlsincislandcity.org.

The run - organized by See Jane Run Sports – will be along a scenic route that takes in the beauty of Alameda Island's Bay Trail and breathtaking views of San Francisco and the Bay Bridge. The race will end at Crown Beach Park, where participants, volunteers, and their families can enjoy a women-focused race expo and a free 1 mile kid's run.

Girls Inc. of the Island City is an affiliate of the national organization Girls Inc. Since 1964, Girls Inc. of the Island City has provided the only program in Alameda designed specifically for girls. Our programs "fill in the gap" on issues that parents and schools don't always have the time or resources to cover and we provide more than 25,000 hours of programming each year to girls ages 6 to 18 and during the summer. At Girls Inc., girls and teens program, girls are challenged to explore science, math and computers, examine how money is earned and invested, and to ask questions about and take leadership roles in the world.

The organization also offers a licensed childcare service called Alameda Island Kids for both girls and boys at seven elementary schools around Alameda, including Bay Farm, Earhart, Edison, Franklin, Lum, Otis, and Paden. For more information about Girls Inc., call (510) 521-1743 or visit our website at www.girlsincislandcity.org.

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The mission of Girls Incorporated of the Island City is to inspire all girls to be **strong, smart and bold**^(SM) through innovative programs, activities and advocacy.