

# Girl Power Press

A publication of Girls Incorporated of the Island City  
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## Girls Inc.'s Women of the 21st Century Club

The Girls Inc. **Women of the 21<sup>st</sup> Century Club** is a new membership group created for women who want to support Girls Inc. of the Island City. Members pay a \$250 annual membership fee, raise funds to support Girls Inc. programs, and serve as ambassadors for Girls Inc. in the community.

Members and their guests are invited bi-monthly to attend speaker events where they can learn about important issues impacting girls; hear guest speakers; discuss Girls Inc. programs and fundraisers; and listen to girls in our teen program showcase one of the issues they are exploring. Girls Inc. will solicit one or more sponsors for each speaker event.

In addition, members and their guests will pay \$10 to attend each speaker event to cover refreshment costs so that all membership and sponsorship fees go directly to support Girls Inc. programs like Economic Literacy, Preventing Adolescent Pregnancy, Operation S.M.A.R.T. (science, math, and technology), and the new middle school and teen leadership programs (see articles about our Summit and new middle school and teen programs in this issue).

The first speaker event will be on **Monday, Jan. 31, 2005**. Teens from the Girls Inc. *Blueprint* program will give a presentation about preventing teen dating violence. There will also be a special guest speaker who will talk about issues surrounding violence against girls and women.

Other speaker events in 2005 will address a number of issues, including: Money Matters and Economic Literacy; Leadership; Women and Girls in Science, Math, and Technology; Mental Health and Teen Depression; and Media Literacy and Body Image.

**To join the Girls Inc. Women of the 21<sup>st</sup> Century Club, sponsor a speaker event, suggest a guest speaker, or get information about attending a speaker event, contact Development Director Kristin Butler at (510) 521-1743 or [kbutler@girlsincislandcity.org](mailto:kbutler@girlsincislandcity.org).**

Girls Inc. Meyers Center  
1724 Santa Clara Ave.,  
Alameda, CA 94501

(510) 521-1743  
[www.girlsincislandcity.org](http://www.girlsincislandcity.org)



Ileana Matzorkis, Jasmine Walls, Bethany Rivard, and Ayana Perteet prepare to lead a panel discussion for the *Girls Take Charge Summit* Oct. 16.

## 2nd Annual Girls Take Charge Summit Soars

Girls Inc. of the Island City's *2nd Annual Girls Take Charge Summit* on Saturday, Oct. 16, was a true success! The day began with an inspiring performance to the Maya Angelou poem "Phenomenal Woman." by Rose Caruso, Hannefah Hassan-Evans, Shaeedah Deal, Amanee Hearne, and Crystal Dean of Envisions Dance.

Summit participants enjoyed workshops taught by generous and wise women, goodie bags, raffle prizes, lunch, and a presentation by guest **Kathy Shaughnessy** and Girls Inc. *Blueprint* program founders **Sara Heaps, Nicky Oliver, and Natasha** and **Jasmine Walls** about teen dating violence.

The *Summit* ended with a discussion led by *Girls Matters* panelists **Ileana Matzorkis, Ayana Perteet, Jasmine Walls, and Bethany Rivard** about important issues facing teens today, including child abuse, teen pregnancy, and body image. *Summit* participants voted that *Preventing Teen Depression* will be the topic that the Girls Inc. *Blueprint* program will focus on in 2005.

(Continued)

(continued from *Summit*)

Thanks go out to the following for a successful event:

#### Underwriting Sponsors

*Girls Matters Panel Sponsor:* Bank of Alameda

*Lunch Sponsor:* Oakland Assoc. of Insurance Agents, Inc.

*Program Book Sponsor:* Troy Van Sloten, CPA & Assoc.

*Mentoring Sponsor:* Lila M. Skelly, DDS, Marina Village

*Mentoring Sponsors:* Herb and Dorie Guess Behrstock

#### Volunteer Workshop Presenters

Melissa, Mischak, Tsirigo's Orbit; Rebecca Stees, ART YOWZA; Lovisa Brown and Julie Taddeo, the International Museum of Women; Kim Lopez, "Strong Girl, Safe Dating;" Rhonda Kaufman, "Safe Passage Training;" Jenniffer Andrews, "The Body Positive;" Stefanie Pender, Cal Berkeley Haas Business School; Elisa Talavera and Stephanie Sabini, Center for Young Women's Development.

#### In-Kind Donors

A Healing Touch; Alameda Power & Telecom; Alameda School of Dance; Albertson's of Marina Village; Albertson's of South Shore Center; Chevy's; Daisies; Don and Beth Glick-Scroggins; Grand Catering; Harbor Bay Club; Harsch Investment Properties; Jay's Coffee and Teas; Karen Granados of Karen G. Design; Margaret Seaman; Soccer Post; Starbucks of South Shore Center; Togo's on Atlantic; Traci Fellows and Traci's Gourmet Granola; Trader Joe's of South Shore Center; Whales and Friends.

#### Volunteers

Anthony Bowie; Brandon No; Cheryl Williams; Gary and Susan Adams; Diann Castleberry; Joanne Robinson; Jo Eby; Judis Santos; Karen Granados; Kathy Shaughnessy; Leland Posner; Lucy Gigli; Mary Kenney; Maya Redfield; Melissa Marsh; Nicola Ries Taggart; Pat Bennett; Shannon Hobbs; Stefanie Pender; and Joie Fong, Kathleen Darbison, Lynn Cho, Stephanie Powell; Melissa Lim; and Danielle Li of the Alameda Leo's Club.

#### Upcoming Events ...

- **Women of the 21st Century Club** Speaker Meeting: 6:30-8:30 p.m. Monday, Jan. 31, 2005 (location TBD). The topic will be "Teen Dating Violence," cost is \$10.
- **Girls Inc. 40th Anniversary Open House** at the Meyers Center: Saturday, Feb. 5, 2005, 1:30-4:00 p.m. Tours, program showcase, and refreshments, free and open to the public.
- **"In Our Own Hands,"** a new leadership program for middle school girls, is starting at our Meyers Center in January 2005. Girls will learn leadership skills and choose a problem in the community to solve. We are looking for girls to join this program and women interested in volunteering to help.
- **New Blueprint program:** "Preventing Teen Depression," will begin on Monday nights from 6:00-7:30 p.m. starting in January. We are looking for girls to join this dynamic group as well as women to volunteer their time.

Ongoing Teen Program Recruiting New Members:

- **Blueprint:** "Preventing Teen Dating Violence" grassroots activist group that meets Monday nights and gives presentations in the community.
- **Courageous Girls:** College preparation, career planning, health concerns, public speaking, newsletter publication
- **FacilitateHER:** Leadership and facilitation with younger girls
- **Body Image Workshops:** With partners from "The Body Positive"

**Interested in these events? Call 521-1743!!**

#### New Staff at the Meyers Center for Girls ...

In October, teen specialist **Tristen Fredrickson** took the helm as our new Meyers Center Site Director and is building a strong team. **Angela Beeck** recently started as our new middle school program specialist and will run the new "In Our Own Hands" middle school leadership program we are piloting for Girls Inc. National and will also assist Tristen with the teen program. New program assistant **Gina Vittori** is in charge of the Courageous Women Program and is seeking women who would like to talk to our girls about their careers. New program assistant **Natalie Duarte**, who is fluent in Spanish, is leading a number of activities, including Operation S.M.A.R.T.<sup>(SM)</sup> (science, math, and relevant technologies). And seasoned program assistant **Teodora Tibyan**, who is fluent in Tagalog, is still running our Economic Literacy program. To enroll your girl in our program or to volunteer, contact Tristen at 521-1743 or [tfredrickson@girlsincislandcity.org](mailto:tfredrickson@girlsincislandcity.org).

***Girls Inc. is dedicated to inspiring all girls to be Strong, Smart, and Bold<sup>(SM)</sup>***