

Girl Power Press

A publication of Girls Incorporated of the Island City
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Girls Take Charge Summit 2003

Girls Incorporated of the Island City will host our first annual *Girls Take Charge Summit* for high school-aged girls at our Meyers Center on Saturday, Nov. 8, 2003.

The purpose of the Summit is to offer teenage girls an opportunity to develop their skills and build the self-esteem they will need to take charge of their own lives.

The all-day event will feature exciting guest speakers, workshops, a girl-led panel discussion on current teen issues, team-building and art activities, raffle prizes, goodie bags, lunch, and more!

Speakers

Sarah Gerhardt, a world-renowned surfer with a Ph.D. in physical chemistry, will be our keynote speaker (see sidebar article).

JudeAnn Smith and Claude Silver of girlsAdventure-OUT will also be special guest speakers. JudeAnn and Claude originally founded their company in 2002 to offer adventure trips such as rock climbing, snow boarding, and surfing to women. They recently broadened their reach to include men, kids, and groups, but still offer clinics and adventures exclusively to women.

Workshops

A number of talented women from a variety of backgrounds will lead small, interactive workshops for participants, including topics such as taking risks and confronting fears, identifying core values and setting goals, money skills and the psychology of money, body image and self esteem, boundaries and relationships, entrepreneurship, and the importance of nurturing oneself.

Girls Matters

After lunch, a group of high school girls will serve on a panel and lead the audience in a lively discussion, called *Girl Matters*, of issues that are important to them.

History and Art

Volunteers from San Francisco's International Museum of Women will wrap-up the day with a presentation and art activity.

Girls Inc. Meyers Center
1724 Santa Clara Ave.,
Alameda, CA 94501

(510) 521-1743
www.girlsincislandcity.org



What: *Girls Take Charge Summit 2003*

When: Saturday, Nov. 8, 2003

Time: Registration: 8:00 a.m. to 8:50 a.m.

Program: 9:00 a.m. to 4:00 p.m.

Where: Girls Inc. Meyers Center

1724 Santa Clara Ave., Alameda, CA

Who: Girls, ages 13-18, non-members welcome!

Cost: \$2.00 per girl, includes snack & lunch

To Volunteer or Register, contact Kristin Butler,
521-1743, or kbutler@girlsincislandcity.org

Woman Who Rides Mountains

In the adrenaline-pumped, male-dominated world of big wave surfing, Sarah Gerhardt is a pioneer. She is also the exciting keynote speaker at our *Girls Take Charge Summit* on Nov. 8!

Sarah is a perfect example of a Girls Inc. girl - **strong, smart, and bold^(SM)**! Beginning her surf career in 1988 as a freshman in high school, Sarah is comfortable riding the big waves of Hawaii and is the only woman to ever surf Mavericks, a rocky, shark-infested, big-wave mecca near Half Moon Bay. And she did all this while earning a Ph.D. in physical chemistry!

"I get really focused. I'm dealing with the fear of whether I can do this, to which the answer is always YES," she says of both surfing and school.

Since mastering Maverick's, she has been featured in magazines such as *Surfer*, *Wahine*, and *Sports Illustrated for Women*, has been interviewed for several television programs, and is the subject of a new documentary film - *One Winter Story*. She also overcame another barrier - securing sponsors that were once just not interested in signing women.

She hasn't let any of this go to her head, though, and spreads her love for surfing as a volunteer with the *Ride a Wave* program and as a speaker at local schools, surf contests, and for **Girls Inc!**

Awards Event and Installation 2003

On July 10, 2003, Girls Incorporated of the Island City held our *Thirty-Ninth Awards Event and Installation Dinner* to welcome new Board members and honor people who have served Girls Inc. The event was held at the Elks' Rathskeller in Alameda.

Veteran board members welcomed six new members: Russ Grant, Vicki Brown, Ellen Chin, Melissa Marsh, Niel Tam, and Kathy Wagner. They also said goodbye to board members John Abrate, Nicholas Chung, Charlotte Tlachac, and Renie Stamm-Kirk.

A number of stupendous people won special awards this year!

Volunteer and Board Member Awards

The Outstanding Board Member Award:
Dorie Guess-Behrstock.

The Dr. Edith Meyers Center Award: Dick Amos

The Distinguished Service Award: Renie-Stamm-Kirk

The Benefactor Award: Kay Van Valkenburg,
Charlotte Tlachac, and Donna Milgram

The Outstanding Service Award:
Samarial Brown and Gordon Fullmer

The Founders Award: Bea Rowney

The Advocacy Award: Melissa Mischak

The Board Member Emeritus Title:
Alice Speed and Anna Towata

Staff Service Awards

Five Years: Mabel Ho Wong, Jennifer Kennedy,
Christine Navarro, Suiping Lo Ho, and Lisa McDonald

Ten Years: Floyce Brown

Fifteen Years: Program Director Pam Williams

Twenty Years: Office Manager Karen Reinhardt

Congratulations and *Thank You* to all our Winners!

Sara's Wish List

Site Director Sara Mancini is looking for the following in-kind donations:

- Basketball hoop and net
- Arts and crafts supplies or a gift certificate to an arts and crafts store
- Markers and crayons
- Empty mint tins
- Empty baby food jars
- Usable computer floppy disks
- Hand-held chalk boards, erasers, and chalk
- Fabric to reupholster two couches, preferably red!

To donate, contact Sara at (510) 521-1743!

How To Help Girls Inc.

- **Albertson's Community Partners Program:** Support Girls Inc. by registering and using your Albertson's Preferred Savings Card in the Albertson's *Community Partner's Program*, which is designed to raise funds for non-profit organizations. By participating, every time you shop at Albertson's the store will donate up to 4 % of your total purchases to Girls Inc. at no cost to you! **To Register:** During your next trip to Albertson's, ask the cashier or customer service rep. to register you in the *Community Partners Program* and designate Girls Inc. – **UPC #4-90001-13676** - as your non-profit. From then on, use your card normally!
- **Website:** Girls Inc. is also looking for a volunteer to teach our girls how to design web pages. The person should know *Neb Objects Fusion* or a similar program.
- **SchoolCash:** Just shop online through **www.schoolcash.com** and up to 40% of each purchase you make will be donated the organization of your choice - at no extra cost to you or your group. Please choose **Girls Inc. of the Island City**. There are over 250 name brand merchants to choose from, including Target, Dell, JCPenney, Office Depot, Lands' End, and L.L. Bean.

**Questions? Other Ideas?
Call Kristin, (510) 521-1743**

Girls Inc. is dedicated to inspiring all girls to be Strong, Smart, and Bold^(SM)