

News Flash from Girls Inc. of the Island City

WINTER 2009

Let's Put Our Best Foot Forward...

Best Foot Forward (BFF) is our locally developed program that prepares the girls to co-host our Women Who Dare Luncheon on March 28th, 2009. We will introduce the program the first week of winter quarter and hand out permission slips for girls to sign up. The first 20 girls to return the forms will start the program on Wednesday, January 14th. BFF classes will take place every Wednesday with an

occasional Monday to interview some of the awardees. Classes will include learning proper table manners and etiquette, how to network, the process of interviewing, script writing, and public speaking. Before you know it, these girls will be ready to host the next Grammy Awards! *See details for the Women Who Dare Luncheon in the lower right box.



Above are our girls ready to march in front of Girls Inc. to encourage people to vote

Hello Parents and Guardians,

We want to keep you informed about what's happening here with your girls in our after-school program. Please read through this newsletter and contact Program Coordinator Leilani Wagner with any questions or comments.

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girlsincislandcity.org

Empower Hour for Winter Quarter

	1st & 2nd Grade	3rd & 4th Grade	5th & 6th Grade
MON	Inner Beauty — Girls build self esteem and explore their best qualities.	Math Wiz — Who says math isn't fun? We've got fun math games galore!	My Body My Health — Learn about the bodily and emotional changes around growing up.
TUES	My Girlfriend Zelda — Using a cool doll, learn about the different functions of your body.	Cultures & Cooking — Learn how people around the world cook and eat!	Magic Within — Learn the importance of goal setting and preparing for your future.
WED	Best Foot Forward (all ages) — Preparing the girls for co-hosting Women Who Dare Luncheon		
	Expressly You — Express yourself through art, from painting to poetry to crocheting.		
THU	Cultures & Cooking — Learn how people around the world cook and eat!	Eat Fit — Learn about healthy eating and staying fit while having fun!	Girl Power — Fun, crafts, teamwork & community service all wrapped up in one class!
FRI	*Free Choice* — For all ages, girls pick the structured activity of their choice.		

A Night at the Oscars

Girls Inc. and ARPD partner up again to co-host the 8th Annual Father-Daughter Valentine Party where Kinder through 5th grade girls and their father, or other favorite male role model, can enjoy an evening of music, dancing, and crafts. The fun will take place Feb. 6th from 5:30-8:00pm at the Albert H. Dewitt Officer's Club. To register go to <http://www.ci.alameda.ca.us/arpd/events.html>.

Women Who Dare Luncheon Comes Early!

Our annual Women Who Dare Luncheon, an event that reinforces girl and women empowerment, will take place on Saturday, March 28, 2009. The theme for this year's event is Women Entrepreneurs. The awardees, who were nominated in November, will be honored at this luncheon with our Best Foot Forward Girls as the co-hosts. Tickets and raffle tickets will be available soon. Check the website for more details to come!

A Tuesday Night Full of Family Fun...

Curious about the cool activities our girls participate in at Girls Inc? Here is a chance for you to find out! On January 27th starting at 5:00pm we will be having our annual

Family Fun Night. On that night— bring a potluck dish, get to know Girls Inc. staff, play group games and ice breakers, and take part in Girls Inc. activities. Anyone up for some Science, Math, and Relative Technology with a Mentos and Soda experiment? We are looking forward to giving you a taste of all the fun the girls experience! Keep an eye out for more details in January.

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Inspiring all girls to be strong, smart, and boldSM

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Check out what's inside...



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DON'T FORGET TO MARK THESE IMPORTANT DATES ON YOUR CALENDAR

- **Monday, January 5, 2009** - Girls Inc. Winter quarter starts
- **Monday, January 19, 2009**— GIRLS INC. CLOSED (Martin Luther King Jr. Day)
- **Tuesday, January 27, 2009**— Family Fun Night starting at 5:00pm (see article for more details)
- **Friday, February 13, 2009**— GIRLS INC. CLOSED (Lincoln Holiday, AIK at Lum open— deadline to sign up is February 4, 2009)
- **Monday, February 16, 2009**— GIRLS INC. CLOSED (President's Day)
- **Tuesday, March 10, 2009**— Early Release: Girls Inc open at 12:30
- **Wednesday-Friday, March 11-13, 2009** - Early Release: Girls Inc. open at 1:50
- **Monday, March 23, 2009**— Spring Quarter Registration for Current Members begins
- **Saturday, March 28, 2009**— Women Who Dare Luncheon
- **Monday-Friday, April 6-10, 2009**— GIRLS INC. CLOSED for Spring Break (AIK at Earhart open— deadline to sign up is March 25th)